MUTTENZER POLKA

(Switzerland)

Music: Record: Columbia SEVZ 608.

Formation: Double circle of cpls facing LOD, W to R of M, hands on hips.

When doing the hop, kick other leg stretched across fwd.

<table>
<thead>
<tr>
<th>Meas</th>
<th>Pattern</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>1 Schottische step to the side, ML, WR.</td>
</tr>
<tr>
<td>2</td>
<td>1 Schottische step twd each other, MR, WL.</td>
</tr>
<tr>
<td>3-4</td>
<td>Ballroom pos. 2 turns CW with 4 step hops.</td>
</tr>
<tr>
<td>5-8</td>
<td>Repeat meas 1-4.</td>
</tr>
<tr>
<td>1-8</td>
<td>Repeat meas 1-8.</td>
</tr>
<tr>
<td></td>
<td>(repeated)</td>
</tr>
</tbody>
</table>

2. "BELL" POLKA

9    | Ballroom pos, M back to ctr.  
M: 1 Schottische step in place with 1/2 turn to L, start L.  
W: 1 Schottische step R, ending back to ctr.  
10   | Repeat meas 9 back to place with opp ft. Join R hands held high.  
11-12| M: 4 step hops in LOD.  
W: 2 turns CW with 4 step hops twirling under joined R hands.  
13-16| Repeat meas 9-12.  
9-16 | Repeat meas 9-16.  
|      | (repeated) |

3. SKATING POLKA

17   | Skater pos: Ptrs cross arms in front, M below, face LOD.  
1    | 1 Rheinlaender step L.  
18   | 1 Rheinlaender step R.  
19-20| 1/2 turn CCW with 4 step hops. M bkwd, W fwd.  
Drop hands, face ptr, hands on hips.  
21   | 1 Schottische step L to the side.  
22   | 1 Schottische step R twd each other. Join R hands shoulder high.  
23-24| 1 turn CW with 4 step hops. Skater pos face CW.  
25-32| Repeat meas 17-24 CW. |

4. OPEN POLKA

1-16 | Repeat Part I. |

Presented by Carmen Irminger

FOLK DANCE CAMP - 1970