

GREIŽ or GREIČIUS
(Lithuania)

Less known among Lithuanians is Greiž which entered Lithuania along the Latvian border. The Lithuanianized name, Greičius, means The Speedy One -- the effect one gets from the spinning.

Formation: Large double circle facing CCW. M inside, W on outside. Inside hds joined (M R with R L).

Start with outside ft (WR, ML). Only M step will be described; W do counterpart.

Step L,R,L, turn to face CW reversing hds and placing R heel fwd (2 meas). Step R,L,R, turn to face CCW placing L heel fwd (2 meas). Release hds and make a little circle in place with 4 steps, turning away from each other (2 meas). Join hds in a closed dance pos and twirl in place with 4 steps (2 meas). Repeat from beginning.

If used as a mixer, during the single circle turns the M moves fwd twd his L (CCW) and twirls the W on his L. Progress fwd at each single turn.

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