

Francøs Kontra

(Stevning [Sønderjylland], Denmark)

This dance is from Stevning in the Sønderjylland region of Denmark.

Pronunciation: frahn-SOOS kahn-trah

Translation: Dance in French style

Music: 2/4 meter

Liflig Sang CD 2, Track #10

Formation: Any number of couples in a big circle, hands joined in V-pos. All start with left. After the first time through the music, a designated leader (or leaders) calls variations to replace Fig I.

Steps & Styling: Hopsa: 1 M leap L (ct 1), step R (ct 2), step L (ct 3), turning CW half. W use opp ftwk.

2 M leap R (ct 1), step L (ct 2), step R (ct 3), turning CW remaining half. W use opp ftwk.

Meas 2/4 meter

Pattern

INTRODUCTION. None.

I. CIRCLE.

1-8 With Step-hops, starting on L, all circle CW.

9-16 Circle CCW.

II. BARROW.

1-8 Taking two hands with neighbor (“Barrow”), dance 8 Step-hops CCW (M bkwd, W fwd).

9-16 Turn twd ctr on ct 1 to face ptr and continue Barrow CCW (M fwd, W bkwd).

III. BARROW AND GRAND CHAIN.

1-8 Release handhold. W continue in place while M pass them (R shldr) with 2 Step-hops to meet the next Lady. Continue Barrow with 6 Step-hops CCW around circle.

9-16 Release handhold; all turn to dancer behind. Continue Barrow 8 Step-hops CCW (M bkwd).

17-32 Release handhold, face neighbor and Grand Chain with 16 Step-hops (2 Step-hops per change). End with 9th person.

IV. HOPSA.

1-16 In Ballroom pos, Hopsa CCW around the circle.

Sequence: Repeat dance from the beginning. The following can be substituted in Fig I:

W one-hand star CW and CCW

M one-hand star CW and CCW

W two-hand star CW and CCW

M two-hand star CW and CCW

W circle of 4 CW and CCW

M circle of 4 CW and CCW

Figure I variations suitable for larger circles:

W circle CW and CCW

M circle CW and CCW

Cpls allemande R and L

Cpls elbow turn R and L Cpls 2-hand turn R and L

The dance ends with orig Fig I in a large circle.

Presented by Wolfgang Schlüter