

Ilumina

(Brazil)

This dance was choreographed by Lucia Cordeiro in 2013 to a song by Noca da Portela, Tranka and Toninho do Nascimento from Rio de Janeiro, Brazil. The singer is Maria Bethania, a favorite Brazilian artists. The lyrics are a prayer to the Divine Lady.

Pronunciation: ee-loo-MEE-nah

Translation: Illuminate

Music: 4/4 meter

Lucia Cordeiro: Brazilian Soul, Track 1

Formation: Circle, dancers facing CCW, hands in V-pos

Steps & Styling: Two-Step: Step R fwd (ct 1); step L on ball of ft beside R (ct &); step R fwd (ct 2).
Also done with opp ftwk.

Meas 4/4 meter

Pattern

1-2 INTRODUCTION. No action. Begin after singer sings the word “Ilumina” four times followed by two guitar chords.

I. TRAVELING CCW.

1 Facing CCW, two Two-Steps starting with R, then with L.

2 Repeat meas 1.

3 Starting with R, three walking steps CCW (cts 1-3); half-turn L to face CW and touch L (ct 4).

4 Repeat meas 3 with opp ftwk and direction.

5-16 Repeat meas 1-4 three times; end facing ctr.

II. FORWARD AND BACK. (Drop hands)

1 Step R to R (ct 1); step on ball of L behind R (ct &); repeat two times (cts 2, &, 3, &); step R (ct 4). With L hand at small of back, R arm makes a CW arc in front, up, and out to R, ending with palm up.

2 Four steps to ctr: L, R, L, R (cts 1, 2, 3, 4), while slowly raising L arm fwd and then up high, ending with palm up. R arm remains at R side.

3 Four steps bkwd: L, R, L, R (cts 1, 2, 3, 4), while circling both arms from down at sides, crossing body, up and out to waist level at sides, ending with palm up.

4 Three steps in place, L, R, L (cts 1, 2, 3); touch R (ct 4). Bring arms in twd body then back out to waist level, with palm up.

5-6 Repeat meas 1-2.

7-8 With 7 steps, starting L and ending with touch R, circle to R and back to original pos. Bring arms up high and open to each side.

9-12 Repeat meas 1-4.

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Ilumina — continued

Sequence: Fig I, Fig II, Fig I, Fig II meas 1-8 twice. Ending: open arms to side.

Presented by Lucia Cordeiro

Lyrics

Ilumina a escuridao, ilumina
Ilumina quem traz o perdao, ilumina
Ilumina quem trata da flor,
Ilumina quem me iluminou
Iluminado seja o amor!

Illuminate the darkness, illuminate
Illuminate who asks for forgiveness, illuminate
Illuminate who treats the flowers,
Illuminate who enlightens me
May love be illuminated!

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