

Festa do Interior

(Brazil)

This dance was choreographed by Lucia Cordeiro in 2013. The music was composed by Abel Silva and Moraes Moreira, and this recording features the singing of Gal Costa, considered to be one of the best voices in Brazilian music.

The rhythm is *frevo*, a street dance very popular in the state of Pernambuco, in the northeastern part of Brazil. Frevo means “boiling” in Portuguese and refers to the fast, intricate steps performed by the dancers. The dance has its roots in the Capoeira playing in front of the military band parades in the past. Some people believe this dance form was influenced by Russian dancers in Recife, the capital of Pernambuco, during the past century, as you see in some acrobatic movements. In fact there are more than 100 different steps. It all depends on each dancer’s skill and creative improvisation.

Pronunciation: FEHS-tah doh een-tehr-ee-OHR Translation: Country Party

Music: 2/2 meter *Lucia Cordeiro: Brazilian Soul, Track 3*

Formation: Circle of partners, W on M’s R, hands in V-pos.

Steps & Styling: Lively, slightly bouncy, and joyful.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
24 meas	<u>INTRODUCTION.</u> Lively prancing in place.	
	I. <u>RUNNING AND HOP KICKS.</u>	
1-3	Starting R, six high-stepping runs CCW, hands in V-pos.	
4-5	Jump on both ft, to face ctr (ct 1); hop on L while kicking R (ct 2); repeat with opp ftwk.	
6-7	Repeat meas 4-5.	
8	Jump on both in place (ct1); jump on both to face CCW (ct 2).	
	II. <u>RUNNING AND ROCKING.</u>	
1-3	Repeat Fig I, meas 1-3.	
4	Cross R over L, rocking onto ball of ft, leaving L ball of ft in place (ct 1); keeping both ft in place rock onto L and twist slightly twd ctr (ct 2).	
5-8	Repeat meas 4 four times.	
	III. <u>RUNNING AND TOUCH HEELS.</u>	
1-3	Repeat Fig I, meas 1-3.	
4-5	Leap onto R, facing ctr while touching L heel fwd and L (ct 1); step on L to L (ct &); step R in front of L (ct 2); repeat cts 1-2 with opp ftwk (cts 3-4).	
6-8	Repeat meas 4-5; repeat meas 4. Then join hands in W-pos but with R hands joined with ptr, leaving L hand free.	

Festa do Interior — continued

IV. TURNS WITH PARTNER.

- 1-4 Starting with R, rotate CW with 8 light steps.
- 5-8 Starting with R, 8 light steps to slowly to move bkwd from ptr and turning slightly R, bringing arms gracefully down and out, then moving twd ptr and joining L hands (W-pos with only L hands joined).
- 9-16 Repeat meas 1-8 rotating CCW. On the last meas, move back into circle and join hands.
- The *second time* through the dance, move back into circle, face CCW and put both hands on shoulder of person in front.

V. CONGA LINE.

- 1-12 Put both hands on shldr of person in front. There can be one long conga line or several lines. Starting R, 24 light steps moving generally CCW. On the last 2 steps, turn L to face CW.
- 13-24 Repeat meas 1-12 moving CW. On the last 2 steps, turn $\frac{1}{4}$ to face ctr and join hands.

VI. RUNNING IN AND OUT.

- 1-4 8 running steps twd ctr, leaning fwd from the waist: begin stepping L fwd and kicking R up behind, and alternating ft.
- 5-8 Repeat meas 1-4 but move bkwd away from ctr: stand up straight and begin stepping L bkwd and kicking R fwd, and alternating ft.
- 9-16 Repeat meas 1-8.

Sequence:

Fig I, Fig II, Fig III, Fig IV.

Repeat from the beginning, adding Fig V, Fig VI.

Presented by Lucia Cordeiro



The lyrics say: "...In the trenches of joy, what explodes is love..."

Lyrics:

FESTA DO INTERIOR

Fagulhas, pontas de agulhas
 Brilham estrelas de Sao Joao
 babados, xotes e xaxados
 segura as pontas, meu coração
 Bombas na guerra -magia
 ninguém matava, ninguém morria
 nas trincheiras da alegria
 o que explodia era o amor

Ardia aquela fogueira que me esquentava a noite
 a vida inteira eterna noite
 sempre a primeira
 festa do interior

COUNTRY PARTY

Fireworks, firelights
 Shine at St. John' party
 Babados, xotes and xaxados**
 Hold up my heart,
 Bombs in the magic war,
 Nobody is killed, nobody diesd
 In the trenches of joy
 That exploded was love

That fire burned me
 That warmed me all night long
 Forever the first
 Country party

**There are the names of other dances.